

PARANORMAL UNDERGROUND®

Volume 14, Issue 5

May 2021

MYSTIC WAYS PARANORMAL INVESTIGATIONS

Famous Ghosts
of Scotland

HAUNTED
DELTA COLLEGE

BULGARIA'S HAUNTED
BELOGRADCHIK
FORTRESS

The George Collective
SPEAKS

THE
UFO / EARTHQUAKE
CONNECTION

CREEPY, CREEPY

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NICOLE BEAUCHAMP

Nicole is a native of Bay City, Michigan, and received her bachelor's degree in applied science from Siena Heights University. With a lifelong passion for the paranormal and history, Nicole founded the Tri-City Ghost Hunters Society in 2009. She is also the author of *Haunted Bay City, Michigan*. Since forming TCGHS, she has presented at libraries and universities across the state of Michigan with the goal of educating individuals on the paranormal and expressing the importance of preserving history through investigation.

In addition to the paranormal, she loves traveling and animals. She hopes to continue to tour Michigan in order to enlighten individuals on the spirit realm. She is currently working on her second book.

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EMMA DUNLOP-WALTERS

Emma has been a paranormal investigator for the past six years. She recently created All Things Paranormal, a group that hosts weekly Zoom meetings for anyone who is interested in the paranormal.

allthingsparanormal.club



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Karen is a psychic medium and author and cohost of the podcasts *Intention Is Everything* and *Paranormal Underground Radio*. Her published paranormal books include *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*; *Dark of Night in the Light of Day: The Art of Interpreting Your Dreams*; and *Avalanche of Spirits: The Ghosts of Wellington*.

Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his



50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

AHMAD JAMALUDIN

Ahmad formerly worked at the Veterinary Research Institute and later at the Regional Veterinary Diagnostic Laboratory in Malaysia. He spent a year at the Landesveterinaruntersuchungsamt in Koblenz, Germany, and has worked at the National Institute of Animal Health in Bangkok, Thailand. He is also a former member of a local flying club and has taken part in the International Air Rally held in Kuala Lumpur.

Since childhood, Ahmad has been obsessed with military aircraft and aerobatics, which attracted his attention to reports of unidentified flying objects that defy gravity. He has studied the subject of UFO waves and their possible relationship with earthquakes for the past 40 years.



CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Intention Is Everything* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written thousands of articles on topics ranging from advanced technology to paranormal phenomena.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

paranormalunderground.net



MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



KELSEY MCCONNELL

Kelsey received her bachelor's degree in television and film production from SDSU in 2016, as well as her MFA in musical theatre writing from NYU in 2018. When she's not writing for Open Road Integrated Media, she uses most of her free time for napping, writing her own novels, and snuggling with her dog. She's a co-host of the movie review podcast *The Movie Broads*.

themoviebroads.com



ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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MARIA ANNA VAN DRIEL

Maria Anna is an investigative journalist, columnist, author, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.

As the founder and publisher of *The Next Truth* and *Young People Science* magazines, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

nexttruth.com



CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.



We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, etc. Your submission can be anonymous!

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CAN SCIENCE LEAD TO A BETTER UNDERSTANDING OF THE PARANORMAL?

Life doesn't fit neatly in a box, with everything around us clearly defined and explainable. One area where this is the truest is when it comes to the paranormal. In many cases, paranormal experiences defy our knowledge of how we think the world works. Instead of saying that something paranormal is just a figment of someone's imagination or a misunderstood natural phenomenon, we should give such experiences a closer look. And science is an important part of the process.

Science is the primary tool we use to try and glean a better understanding of the world around us, especially when we don't understand it. We have to keep in mind, though, that while science has led the way in many discoveries, there are some subjects that science has little to no understanding of. This is why it's important to keep an open mind when we hear from someone who has seen a ghost, UFO, or cryptid.

Applying Scientific Principles to Paranormal Experiences

What would be the best way to approach a paranormal experience that you or someone else has had? Start by looking at or listening to what happened before, during, and after the experience. By doing so, you might uncover a correlation with something else in the environment.

Using the scientific method, try to come to a conclusion as to what actually happened. Keep in mind that by asking questions, you will probably create even more questions. If possible, gather evidence and make sure to put it somewhere for future reference, such as in a notebook, computer, or mobile device. By collecting and saving any evidence you gather, others might be able to help investigate what happened.

Many times, though, all we have to go on in such situations is witness testimony. Maybe it's possible to find other eyewitnesses to the phenomena, and by questioning them you can get a clearer picture of what actually happened. But, at the end of your investigation, it may come down to what you believe took place, and while you may have no evidence to back up what you believe, your experience can be very powerful.



Chad Wilson,
Publisher

The Evidence and Peer Review Process

After gathering evidence, it's also important that you give others access to that evidence. Called peer review, giving others access to know what you have learned allows them to compare it to similar phenomena that they might have investigated themselves and see if there are any correlations.

Also, if you were able to carry out any experiments, your peers can attempt to perform those same experiments to see what, if any, results they come up with. If they come up with the same results, it further validates your own findings.

It's important during the investigative process that you don't discount or immediately invalidate personal experiences. They can be an important source of information.

During a paranormal experience, something happened, and science can help uncover what did happen through evidence gathering and experimentation. We should be using science as a way to learn more about the world around us, not as something to bludgeon the world into the way we want it to be.

Remember, just because science doesn't understand something today doesn't mean that it can't be true. ♦



Because most paranormal events have been cancelled due to the COVID-19 pandemic (also known as the novel coronavirus), in place of our Calendar of Events this month, we are providing you with a list of coronavirus resources.

For information on the pandemic and vaccines, you can visit the links below:

Vaccine Information

Centers for Disease Control and Prevention

www.cdc.gov/coronavirus/2019-ncov/vaccines/distributing.html

- How COVID-19 Vaccines Get to You

Ad Council COVID Collaborative: Q&A

<https://getvaccineanswers.org>

- Q&A

VaccineFinder

<https://vaccinefinder.org/search>

- Find COVID-19 Vaccines Near You

CNN Health

[https://www.cnn.com/2021/02/02/health/covid-vaccine-hesitancy-ques-](https://www.cnn.com/2021/02/02/health/covid-vaccine-hesitancy-questions-answered-wellness-trnd/index.html)

[tions-answered-wellness-trnd/index.html](https://www.cnn.com/2021/02/02/health/covid-vaccine-hesitancy-questions-answered-wellness-trnd/index.html)

- “If Your Loved One Is Hesitant to Get the COVID-19 Vaccine, Share This”

Pandemic Information

World Health Organization

www.who.int/emergencies/diseases/novel-coronavirus-2019

- How to Protect Yourself
- Country & Technical Guidance
- Your Questions Answered
- Travel Advice
- Situation Reports

Centers for Disease Control and Prevention

www.cdc.gov/coronavirus/2019-ncov

- How to Protect Yourself
- If You Think You Are Sick
- What You Need to Know
- Resources for the Community

Harvard Health Publishing: Harvard Medical School

www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center

- FAQs About Coronavirus and COVID-19
- Questions and Answers ♦

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CREEPY MOMENTS, CRYPTIDS & ALIEN-CONTROLLED COWS

BY MORGAN LINEBERRY

JOY-RIDING GHOST

According to Sanya Jain of [NDTV](#), a video has recently gone viral of a motorcycle that appears to move by itself. “In the 30-second footage, two motorcycles are seen parked on the side of a road. Suddenly, one of the bikes begins moving on its own, turning left and reaching the middle of the road before falling down.”

Naturally, people are divided in their opinions of the video. Many say the incident is due to faulty wiring or video editing. Others, however, think an otherworldly spirit tried to go for a joy ride. Either way, the viral clip is interesting.



MUSIC BOX MOVES IN HAUNTED PUB

Ian Croll and Daniel Morrow of the [Daily Record](#) report that a paranormal investigative team recently got footage of a music box moving inside a haunted pub in Liverpool. The team had brought along a music box to be a “trigger object” in their investigations. While using the box during the pub investigation, something paranormal happens.

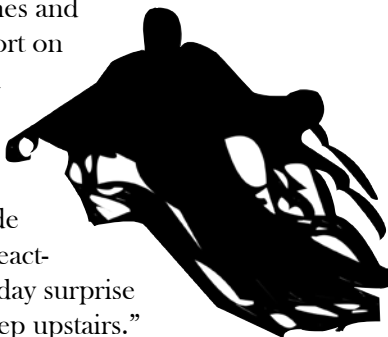
The “camera was pointed at the music box as it was left on a table.” The box then turns and moves slightly for about 20 seconds. No one was in the room at the time ... at least no one who was alive.



STALKER SPECTER SPOTTED

The [Mirror's](#) Jada Jones and Luke Matthews report on the tale of a terrified mom-of-two who caught a spooky shadow on video while home alone. “Kayleigh Corby, from Merseyside in the U.K., filmed herself reacting to a friend’s online birthday surprise while her children were asleep upstairs.”

But a friend spotted something strange in the background. You can see the silhouette of a figure behind Corby. Concerned for the safety of herself and her children, Corby’s asked her parents to stay the night with them. But we are all left wondering who or what was in the video.

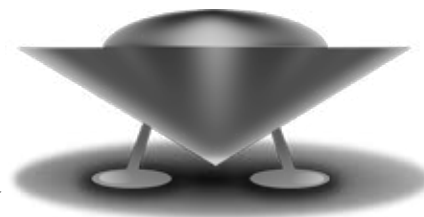


U.S. INTELLIGENCE AGENCIES TO WEIGH IN ON UFOs

In about a month, U.S. intelligence agencies will provide Congress with a report on unidentified aerial phenomena, according to Denise Chow and Gadi Schwartz of

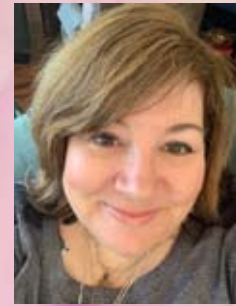
[NBC News](#). “The unclassified report, compiled by the director of national intelligence and the secretary of defense, aims to make public what the Pentagon knows about unidentified flying objects and data analyzed from such encounters.”

The UFO discussion has gained momentum after leaked and declassified Navy photos and videos have surfaced over the past few years. So last August, the



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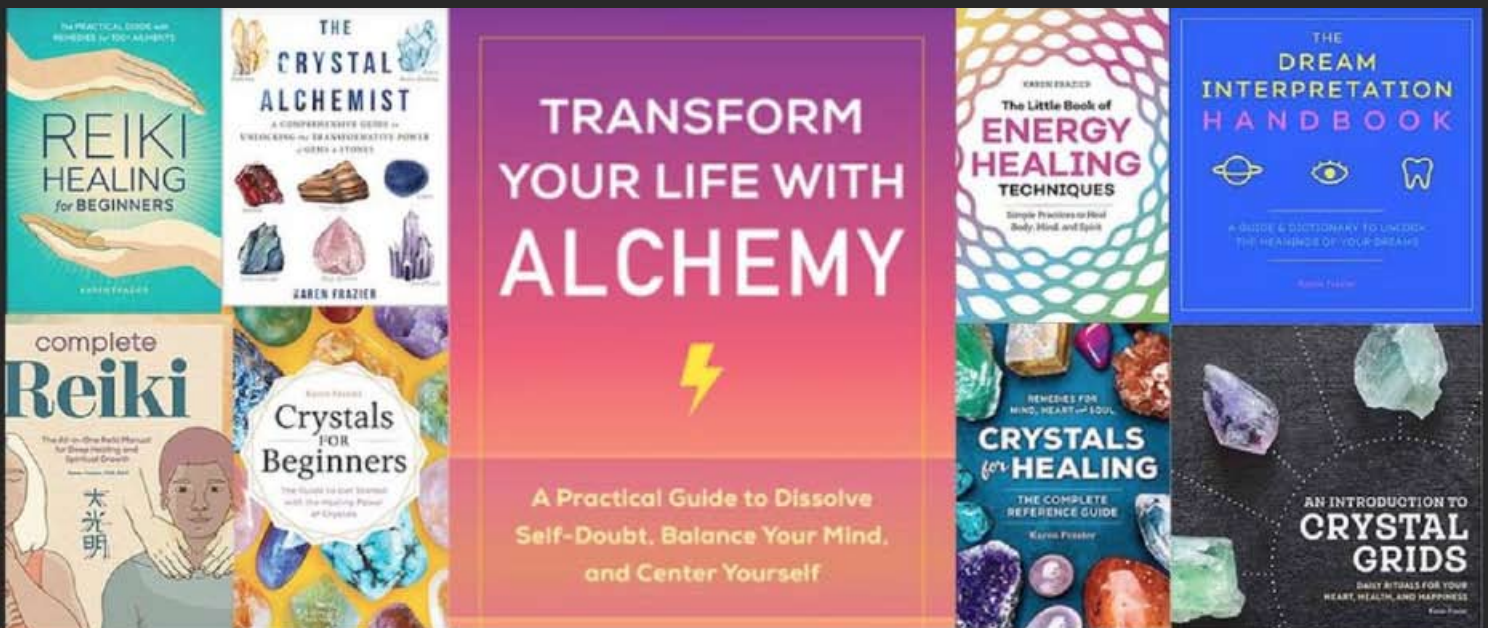
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Karen Frazier &
Cheryl Knight-Wilson

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Are You Living Up to Your Personal Potential?



AuthorKarenFrazier.com

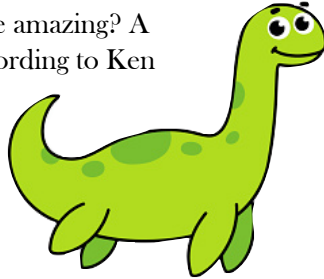
Department of Defense created the Unidentified Aerial Phenomena Task Force “to investigate and gain insight into the nature and origins of unidentified flying objects.” We’ll be waiting anxiously to read the final report!

MYSTERIOUS EGG FOUND AFTER LAKE MONSTER SIGHTING

You know what would be amazing? A baby Nessie. Well, according to Ken Wang of The Badger

Harold, on April 1 there were two possible sightings of a creature resembling the legendary Loch Ness Monster on Lake Mendota in Madison, Wisconsin, including “a mysterious creature moving with lightning speed and emitting low-frequency noises.”

Later a group of college students found what appeared to be a large, unidentifiable egg. “It’s possible the creature ... came ashore to reproduce and lay eggs,” professor and marine biologist Lilkah Dawson told the newspaper. Right now “the egg is under strict surveillance with air-tight security and preferable conditions for hatching.” If this egg does hatch into a baby Nessie, it will be the most amazing cryptid find ever!



OREGON CATTLE MUTILATIONS

There may be some disturbing alien activity in Crook County Oregon, according to Garrett Andrews of The Oregonian. A string of cattle

mutilations began on February 27. The cows’ udders had all been removed “with precision” and “the reproductive systems had been cut out cleanly.”

The cattle were also missing their left cheeks and tongues. There were no tracks or signs of predators around the cattle when they were found, adding to the mystery of these gruesome mutilations.



BABY DINO IN MY YARD

There are a lot of interesting creatures lurking in Florida, but Cristina Ryan spotted something in her backyard that isn’t native to the area ... mainly because it isn’t supposed to be alive. Gabrielle Fonrouge of the New York Post wrote that Ryan’s security camera captured “some sort of creature that appears to have an elongated body and a reptilian-like thick tail dashing through the yard.”


People have suggested anything from lizard to dinosaur to dog to alien! Whatever it is, I’m glad it isn’t in my yard. ♦



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I can't wait to connect!



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9 HORROR BOOKS BASED ON LEGEND & MYTH

BY KELSEY MCCONNELL, THE LINEUP

You know what they always say: “If it ain’t broke, don’t fix it.” Be it urban legends whispered around a campfire or myths built up from the dawn of religion, some scary stories just stay with us. While I love a unique and unexplored spook as much as the next reader, there really is something special about a new look at an old classic.

From Slavic scares to Caribbean creeps and beyond, here are 9 terrifying horror books based on legend and myth.

1. *The Shapeshifters* by Stefan Spjut

Stallo come from legends of the Sami — indigenous peoples inhabiting parts of Norway, Finland, Sweden, and Russia. These giant humanoids are the focus of Stefan Spjut’s chilling novel *The Shapeshifters*.

In the summer of 1978, a little boy vanishes from his summer cabin. His mother insists it was a giant who stole him away, but the young child is never found.

Another child goes missing 25 years later — but this time a photograph taken by Susso Myrén provides a trail. Susso has searched for years for these legendary trolls with the ability to control thoughts and shift into animal form. She knows these creatures are real, and her hunt brings her to Sweden. However, humans — some of which are of stallo blood — have protected these giants for centuries, and they will go to deadly lengths to keep them a secret.

2. *The Great God Pan* by Arthur Machen

Many of us know Pan from Greek mythology as the god of nature and shepherds. Depicted as a satyr, the half-goat deity is often associated with nymphs, thus a figure

heavily steeped in sexuality. Arthur Machen’s novel takes an interesting approach to weaving Pan’s lore into his novel.

In Victorian England, Mr. Clarke pays his friend Dr. Raymond a visit. However, his stay is preceded by great reluctance, as Raymond has been dabbling in what he refers to as “transcendental science.” Clarke bears witness to an unusual procedure as the doctor makes an incision in a woman’s brain,

claiming it will allow her to see past her mortal world and senses into the realm of the great god Pan. On this fateful night, the surgery appears to be a failure.

Years later, a woman by the name of Helen Vaughan is rumored to be at the core of a string of mysterious and tragic occurrences. Suicides and disappearances mark a trail between London and the Americas, all in the path of this darkly sensual woman. Not out of the grip of his brush with the sinister beyond, Clarke has come to believe Helen is not of the mortal world.



3. *Leviathan* by James Byron Huggins

In this thrilling read, an illegal experiment tucked away on an Icelandic Island aims to create a biblical legend — the Leviathan. Scientists work

to transform an ordinary and innocent creature into a terrorizing biological weapon capable of shattering steel and melting containment shields. Unfortunately, with their success comes the Leviathan’s terrifying escape, seeing the creature free in a vast underground full of soldiers and scientists.

The Leviathan must never make it to the surface, for its freedom could mean the end of Earth as we know it. Those harbored away with it attempt to push back against its hellish flames and brutal claws, ready to detonate a



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nuclear failsafe if they can't hold the line. But what if nothing is capable of killing such a beast?

Connor, an electrical engineer, is dragged into the fray. The fate of not only his family, but the entire world rests on his shoulders.

4. *The Jersey Devil* by Hunter Shea

The Jersey Devil is a creature out of the folklore of the Southern New Jersey and Philadelphia areas. Believed to stalk through the Pine Barrens, this horned and winged beast hails from hell itself.

In Hunter Shea's novel, Boompa Willet not only met the Jersey Devil, but was fortunate enough to live to tell the tale. Now 60 years later, bizarre sightings and disappearances are rumored across the Devil's stomping grounds. Far beyond trying to prove this abomination is real, Boompa must return to the Barrens to vanquish it once and for all.

Boompa won't be alone, accompanied by four generations of his family and all the firepower they can manage. But the Devil has his own allies — an unholy horde of mutant monstrosities.

5. *Skin Folk* by Nalo Hopkinson

Nalo Hopkinson weaves gripping Caribbean folklore into this incredible collection of science fiction and horror short stories. Wholly unique and incredibly entertaining, readers are presented with strange tales, like "Precious," where the narrator spits coins and gems past her lips whenever she tries to speak or sing.

"A Habit of Waste" sees a woman post-elective surgery running into her former body. After a young woman dismisses her uneasy feelings about her new husband's superstitions, "The Glass Bottle Trick" unfolds horrifying consequences.

6. *The Bone Mother* by David Demchuk

Many of us are familiar with the chilling myth of Baba Yaga. But what of other Slavic legends like rusalka, golems, and The Bone Mother? On the eve of World War II, three neighboring villages on the Ukrainian/Romanian border stand as the last refuge for Eastern Europe's mythical creatures. But as the Night Police reign down on their homes, all these creatures of legend — from the wolf-shifting vovkulaka to the blood-hungry strigoi — are at risk of being eradicated.

7. *The Selkie* by David Bischoff and Charles Sheffield

Selkies come from Norse and Celtic mythology. Not your typical shapeshifter, they are capable of changing from seals into a human form by shedding their skin. Most of these tales center around selkie women, but this gripping horror read has another take.

Mary Willis travels from America to join her husband in Scotland as he works on a coastal village engineering project. And though she has moved her life across the sea for the man she has married, it is Jamie McPherson who fills her with an all-encompassing love.

Though the pair have just met, Mary feels as though he has been filling her senses and consuming her soul for all of time. But though she waits at the ready for him always, this stranger with a dangerous beauty hides a dark nature and a horrifying secret.

8. *Dark Lanterns* by Zoe Drake

In this eerie collection of stories, 15 residents of modern Tokyo encounter one of the Yokai — supernatural creatures of Japanese legend. Poetically weaving these tales of spirits on top of each other, author Zoe Drake pries away the veil of normality to give

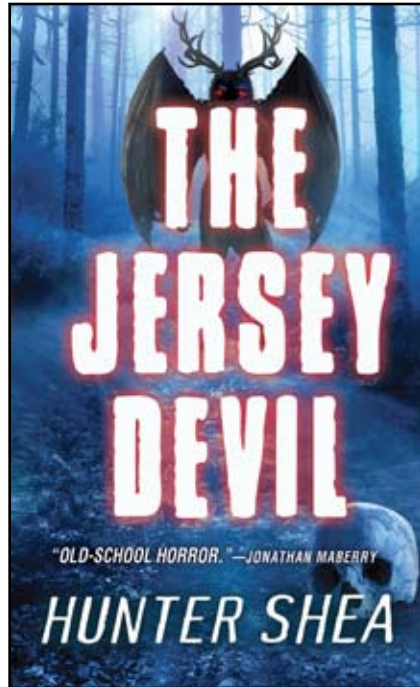
readers a look into all of the hidden truths about life and death.

From high school students to businesspeople, a bureaucratic afterlife to Fuji trees bearing strange fruit — those coming face to face with death in this book will never be the same.

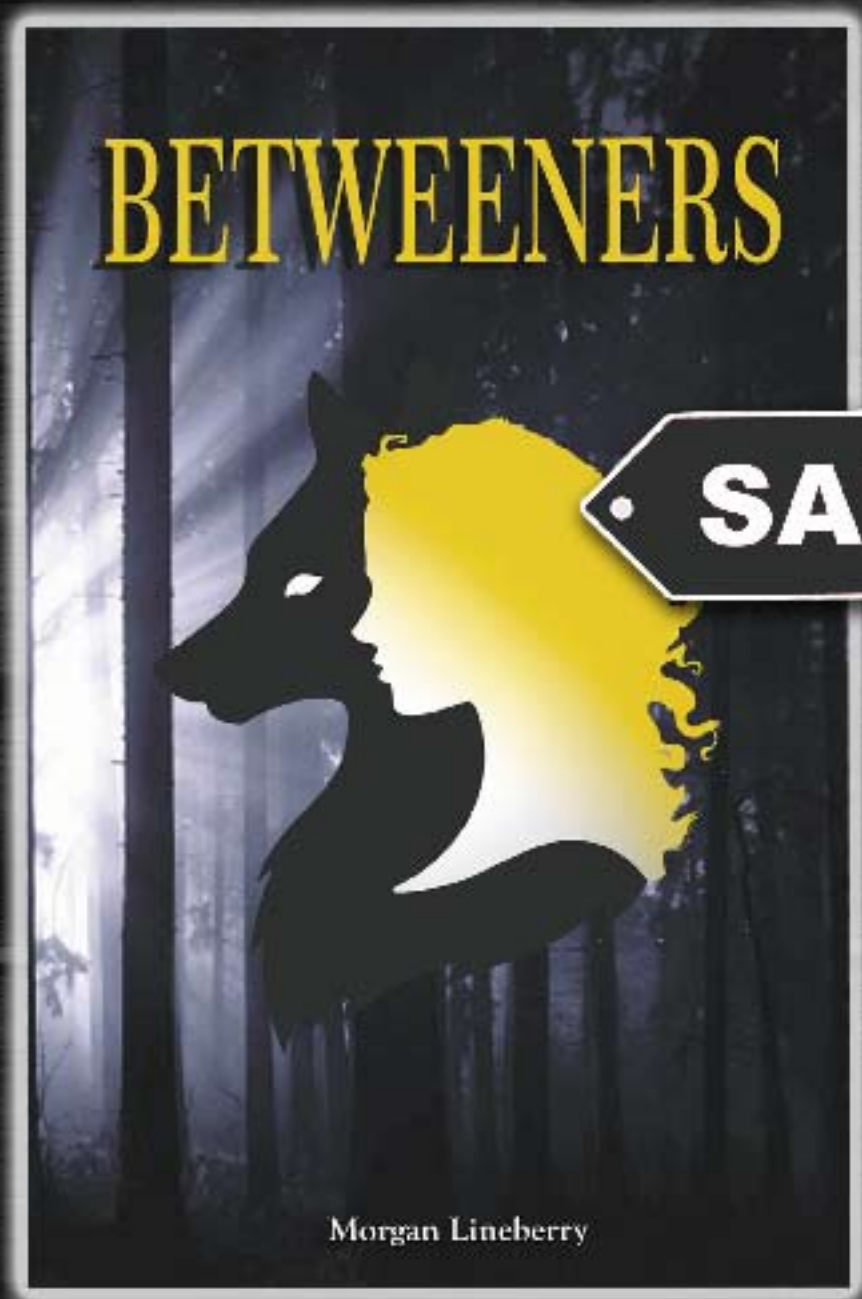
9. *Anoka* by Shane Hawk

While not every story in Shane Hawk's *Anoka* is based transparently on Indigenous legend, this is one book you won't want to miss. With one story touching on the Ojibwe myth about the Spider Woman and another touching on the by now well-known creatures called wendigos, this short story collection has all the right stuff to lure in a lover of legend. But these horror tales go beyond that, weaving stories steeped deeply in Indigenous culture as well.

While the bone collectors, werewolves, and witches of these pages will delight any horror reader, the reflections on family, grief, loneliness, and identity will leave you deeply affected. ♦



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Dutch Paranormal Investigators Veronique Lamers, Ingrid Kranenburg & Ellen Poestkoke Weigh In

By Maria Ana van Driel, The Next Truth



Most stories of paranormal activity, such as UFO sightings, demonic forces roaming a castle, the predictions of Nostradamus, and other curiosities, are deemed pseudoscience, a mistake of the mind, a trick of the light, or ... an outright lie. It is easy to discredit things you do not understand. And yet, sometimes, these phenomena leave an ineffable mark on the annals of history, changing the world even if most of us do not believe it. They exist.

But what is it that dwells in these, seemingly, unreachable realms? This is one of the questions a Dutch paranormal investigative group is asking.

Mystic Ways Paranormal Investigations is a promising team of three devoted paranormal investigators from the Netherlands. The group was founded five years ago originally under the name “Spirit Communicators” by

Veronique Lamers, who often can’t resist applying some humor during her investigating, seeking an answer for what and where these foggy realms of the hereafter are.

“Like many others, I experienced the paranormal at a young age and it was difficult to understand,” said Veronique.

Born in Rotterdam and raised in Winterwijk, the Netherlands, Veronique (42) now lives with her husband and son in Deventer. Veronique soon hopes to open the doors of her own Reiki practice.

“I am proud at being a Reiki Master, but the most imported thing for me is helping people with their pain and struggles,” she said.

Over time, the Dutch paranormal investigating group has become well-known with a wide audience and has gained two devoted members, each having their own exceptional abilities. Ingrid Kranenburg (50), a psychic medium

and spiritual coach, has always considered her gift of seeing and hearing beyond what we have accepted as reality as a normal part of her life. She joined the team a few years ago. And demonologist Ellen Poestkoke (44) has the ability to go beyond normal sensory contact. She is able to perceive events that are still in the future; she's a clairvoyant.

"I was born very psychic, and it has always been a part of my life," Ellen says. "I have gotten a lot of labels from people over the years, medium, seer, psychic, demonologist, and more. I always say, I am Ellen and I know and can do things."

Veronique, Ingrid, and Ellen recently shared insights into their paranormal investigations and revealed some of their paranormal theories and research conducted.

* * * * *

Q: What sparked your interest in researching these yet unknown and, sometimes, foggy realms?

Veronique: I think the biggest part for us is searching for the truth and beyond. Making the inexplicable explainable.

Q: How many members does Mystic Ways have and what is everyone's role on the team?

Veronique: We have three members now ... still looking for a handsome cameraman, so if you know one! Ingrid is a medium and spiritual coach. Ellen is a demonologist, medium, and hypnoses and regression therapist, and I am a medium, Reiki Master, spiritual coach, and founder of Mystic Ways Paranormal Investigations.

Q: Which investigations have you conducted, and what where the results?

Veronique: We have visited many locations, including a haunted forest in Nunspeet, the Valentine house, the IJssellinie bunker in Olst, and De Haar castle. And our last investigation contained a cleansing with dark energy in Deventer. Plus, we have captured a myriad of class A EVPs and some very interesting photographs showing shadow figures.

Q: Which research methods do you use during your investigations?

Ellen: I use a spirit box, camera, and voice recorder. But most importantly my own senses. For software, I use Audacity to filter out the noise and amplify any EVP voices we find.

Q: What is the most hilarious or scariest moment you experienced during an investigation?

Veronique: While investigating a haunted forest in Nunspeet with Ellen, I really freaked out over a huge, noisy, shadow figure that was, out of nowhere, approaching me from the left. I screamed and grabbed Ellen, who



Mystic Ways Paranormal Investigations team members (from left to right) Veronique Lamers, Ellen Poestkoke, and Ingrid Kranenburg have investigated forests, castles, bunkers, and more.

isn't that big, and I threw her in front of me, using her as a shield. I really don't know why I did that, but we laughed very hard about it.

Q: If any, what evidence proving life after death have you found?

Veronique: We can't prove it, and we think no one has yet found the desired evidence to prove its existence. We feel that it's there, but there is no real evidence that supports that yet.

Q: Have you ever experienced an event you can't explain in a rational manner?

Ellen: Yes, I have many. But on a personal level the most bizarre one happened at home. My boyfriend asked me one morning what I was doing in my sleep. He saw me

➔

rising from the bed. (He is a skeptic and doesn't believe in anything when it comes to the paranormal.) I asked him if he meant I was having a nightmare and then sat straight up. He said, "No. You were levitating above the mattress. Your whole body was." That was weird.

Q: There are cases known that the brain has recorded external activities for several hours after physical death has occurred. This could mean that there is a residual energy present in the brain that is triggering both the pineal gland and the claustrum, meaning that a chemical process is occurring. From a scientific point of view, a process as such has the possibility of creating holographic images in the midbrain or at least a vivid image that can be interpreted as another reality. Do you think that a process such as this could explain the memories people bring back after "living" this intense moment of dying?

Ingrid: If you consider your brain and your consciousness being two separate parts, then there is a very good chance that moments of your life will pass during your death. In my opinion, consciousness is a kind of hard drive that stores "things." More voices are rising in the knowledge that we are our selves, not our brains, whereby consciousness seems to be "our selves."

I can only agree with that theory. Our earthly lives are nothing more than a temporary time, and understanding and the conclusion should then be, basically, everything is energy.

Q: From your point of view ... what is the after-life?

Ingrid: Life after death is that particular realm where you find peace. In this realm, we are allowed to let go of all the painful, emotional, and even hilarious learning processes (lessons) we have encountered and lived on Earth. And then get ready for the next life, wherever that may be?

Maybe you choose life again on Earth or somewhere

in the Universe or perhaps another dimension. Who's to say?

One thing is certain; in the moment we are being born into this place, we have this odd awareness of realizing we are dying at the same moment, which we can see in our "survival drift" being operative 100%.

Q: Do you think contemporary science will soon provide the proof of where we go when our body stops being operative or, perhaps, the existence of non-physical planes?

Veronique: We do think science is getting closer. Unfortunately, we don't have the gear and supplies yet, but we are working on it!

Q: Veronique, Ingrid and Ellen, do you have any advice you can give aspiring paranormal investigators who want to explore the mysteries of the afterlife?

Veronique, Ingrid, and Ellen: Be skeptical, no matter how hard that sometimes might be. But when "things" appear, always see if you can explain them or debunk if you have to. Because you want to believe in the truth and gather real evidence.

Don't investigate with a big ego; be humble when you have contact with a spirit. Respect them; don't provoke. Always remember that when they were alive, just like us,

they had feelings. When you give respect, you get respect. Don't act like the investigators on TV. These are shows!

Also, never trespass on any location; always ask for permission. You will be surprised how much is possible when you just ask!

Don't take anything home from a location; there can be negative energy attached to that. And above all, just enjoy this adventure!

* * * * *

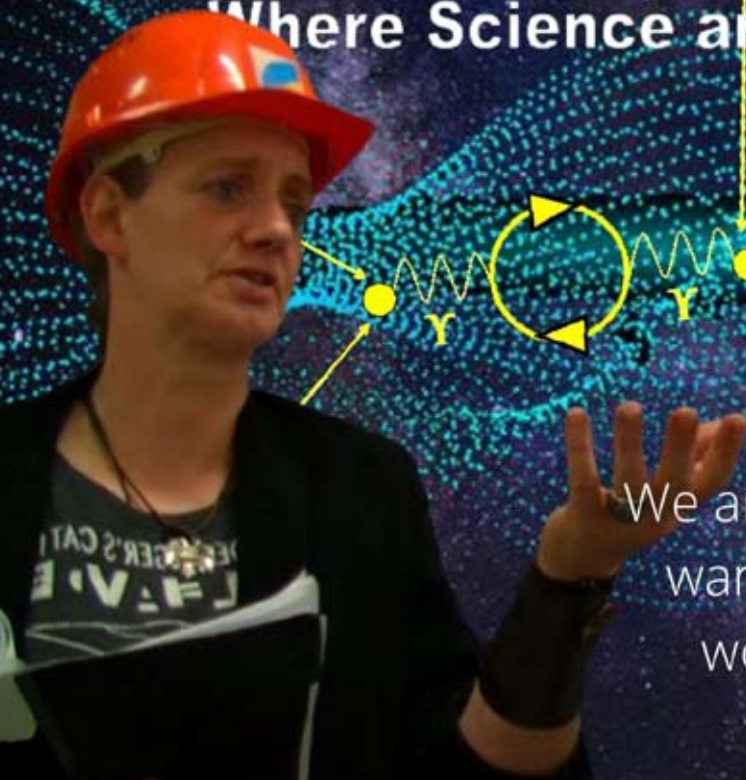
To find out more about *Mystic Ways Paranormal Investigations*, visit www.facebook.com/groups/268113003578930 and www.youtube.com/channel/UCVYaX42qmmBjlbqO9rMNog/videos. ♦



Veronique Lamers, who founded her paranormal investigation group five years ago, is a medium, Reiki Master, and spiritual coach. Her goal is making the inexplicable explainable.

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THE OTHER SIDE OF DARKNESS AND LIGHT

By Rainbow Radaelli, dimensionalwalking@gmail.com

In today's day and age, it seems like there is so much happening on the ethereal plane that is exploding in our dreams and psyche. Strategic battles for humanity's well-being, the battle of wills, and the card game of chance all play upon people's desire to succeed, sometimes bluffing their way through life.

For the most part, we as humans can't always see the details of specific outcomes because of ethereal negotiations for our very existence that are surreptitious at best in the matrix of agendas.

Could it be, we don't want to see anything that changes our perceived comfort level of existence? If anything, if we can see our reality, touch it or feel it, it's palatable — at least it seems for most people.

If we think about this palatability, it makes little sense, at least not in the typical, daily grind kind of way. Do we touch God by holding a Bible or pushing open the church doors? Do we feel the brush of angel wings when the wind blows through our hair? Does incense become the essence of how Heaven smells, or does it help us know or understand what smells might accompany the presence of God or the angels?

Religion is humanity's brick and mortar, the connection to the invisible realms that seem tangible and attainable. Psalms, legendary tales, and religious verse give us the sustenance we crave, but to what extent do they jive with today's world. I get confused when I hear about the Fallen Angels who I have read are also known as the Anunaki or Nephilim.

I know their existence is written about in Sumerian tablets, but how close is this similarity? Depending on which religion or culture has inscribed their belief or definition, it's hard to tell who is closest to the truth or who is fantastical in their storytelling.





The Human Experience on Earth

So who are the Fallen Ones? There seems to be a continued craze to keep these beings in our mindset, sometimes with an almost idiosyncratic enthusiasm that seems to be based on morbid curiosity. The Fallen Ones have so many different names that for all intentions and purposes, you can decide on which name fills the blank in the best.

How do these beings enter our lives and create havoc? As an empath, I have wondered this very thing, especially when I see the pain and sorrow that is caused by their intrusion.

As humans, we are a very unique species, because we have something about us that can only be achieved by being born on this planet. We are carried within the womb by our mothers, who themselves were carried in the same way by their mothers. This means that all mothers have one thing in common, which is the Earth's frequency they pass down to their children. We are born with Earth's frequency as our insignia, which allows us to live upon her and thrive. It's an amazing birthright and one of the greatest gifts given to humankind.

Our bodies are vessels that are a great commodity, because we have the ability to feel and express emotions to such soaring heights that we are light shows of epic proportions. I think the Dark One's are intrigued with our ability to feel. This is why they invade or occupy our bodies so they can try to experience this ability for themselves. Alas, for them, they can never experience what they observe because Earth's frequency is in the soul. Even if there is

possession of the body, they still can't come close to what they see us experience, yet even still, they continue to try.

Hollywood's Fascination With Darkness

The ethereal world seems connected to our planet by the undying and affixed memories of souls passing away either with a predestined or unexpected ending. It seems Hollywood is fixated on scripts that incorporate a ghoulish or dark spirit coming back for vengeance. We can always count on the unmistakable human giving in to the Dark Agenda that either haunts humans or wants to devour them. This is why society up to this point has a distorted idea of what the darkness is.

If we are always portrayed as losing to the Fallen Ones, then society in a twisted and morbid way ends up with a mindset, conscious or unconscious, that is defeated. We become ripe for frightening visitations or, worse, possession, if not in body in the mind.

The morning light in most movies signifies hope, the unstoppable brilliant fire that illuminates even the deepest and darkest crevices, allowing for humanity's escape from the unending pursuit of nightmarish ghouls. This hope is signified in angels, but not just any angels; the most high, the right hand of God, the doers of good and his will, the archangels.

If humanity wins in the end, I guess Hollywood feels there isn't much more to write about. Yet, even with this very misconstrued ideology in the mainstream consciousness, we as a society are starting to get a hold on what kind of reality we want to live in. Running from ghouls is hard work, and to

be honest it's ridiculous to watch another person run from something we wouldn't want any part of. Maybe by watching someone else go through a scary plot or circumstance keeps the line in the sand drawn, movies versus reality.

Symbols of Light and Dark

The desolate darkness is the comatose silence that can be deafening to the senses, the nonexistence of the illuminating soul. Symbols for light and dark have been a part of human history since the consciousness of man and woman could tell the two apart.

I have often wondered how individual choices affect the connection humans have with Earth. Does a dark journey change the outcome of the Earth frequency insignia a person is born with?

What kind of role do the archangels play in our lives?

between the Fallen Ones and the archangels. It's the soul's recognition that can tell who is who.

Below the light, the darkness hides, and when it comes out, it is invited by those who claim it as their creed, the decadence of their soul that brands them for eternity. These humans are the ones that play with fire and in the end get consumed by it. When humans partake in the dark realm of rituals, they open portals for the Fallen Ones, who can gain entry without having to cross Earth's borders in disguise.

The Dark Agenda welcomes them, because the ultimate goal is to break down Earth's dominant resonance. This is humanity's greatest battle, because it's not just good versus evil or light versus dark, it's our right to exist as we are. How many stories are there in religious books about the Fallen Ones that state they rebelled against God because of us?



Are they figments of the imagination, written as hope for humanity, or have people really seen them throughout history? I ask this question not out of jest, but more for contemplative reasons. Personally, I can attest that I have seen Archangel Michael, not once, but three times as an adult. I wasn't near death or having an out of body experience. I wasn't on drugs or hallucinating; it was three times in my life where I had to make a choice.

Archangel Michael has a very unique aura about him, and he doesn't allow for second guessing. He comes with a mission and then leaves without a second glance. To me, it was never like, did I really just see him kind of thing. I was sitting back and wondering why he took the time to visit me in the first place. I thought he would be accompanied by more pomp and circumstance, but that obviously is just in movies. I saw his sword, the look in his eyes that didn't always seem friendly but overtly stern.

There was one thing about him that will always stay with me. As much as he was to the point of his mission, he always brought the essence, the smell of Heaven, the all-encompassing hope that my soul recognized immediately. This feeling is how humans can tell the difference

The Dark Agenda plays all hands and reads all cards. As humans, we can have the upper hand based on just one thing, the ascension of our soul. All we really need to do is reconnect with our higher source, the divinity within. By doing this, we would understand all that is or ever was or ever will be.

The dark night is just as much a part of us as the light of day. We are the mysterious, hushed breakthrough, the quiet reflection of the cosmos that allows the shimmering stars to sparkle.

We can shed light on the dark void with the understanding that we know who we are and where we come from, ultimately knowing that all along God isn't just around us but in us. Our souls aren't for sale; they are the sustenance of divinity from the breath of God. We are the other side of darkness and light, the two combined. Remembering that the Heavens are in us is a way to bring out our light and vindication by making no apology for our place in the Universe.

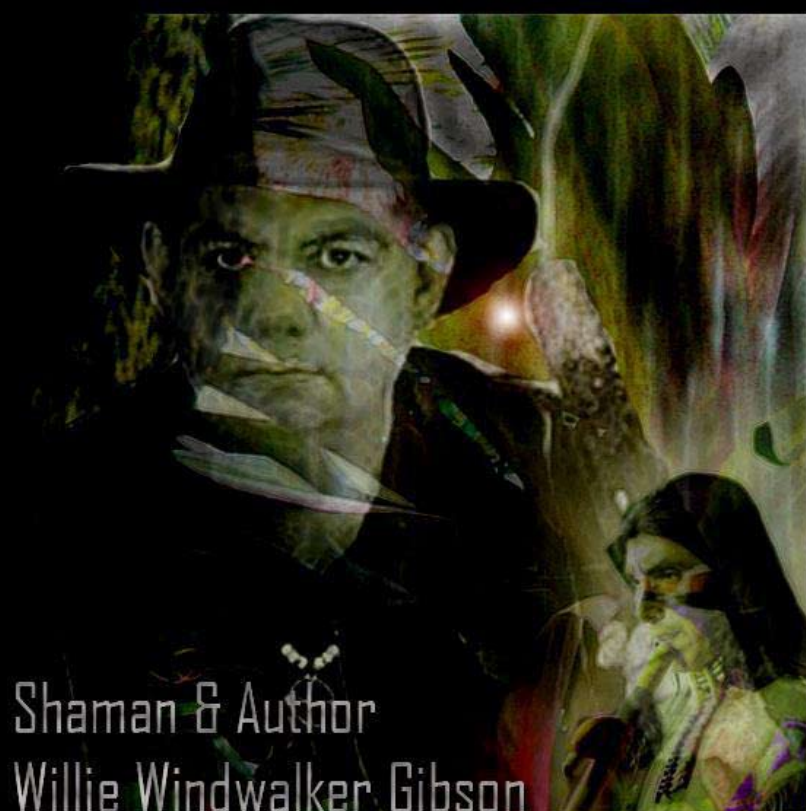
We can stand strong with the archangels making our choice known, becoming a part of the sovereign remedy instead of being the source of its contention. ♦



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HAUNTED BELOGRADCHIK FORTRESS IN BULGARIA

By Paul Dale Roberts, Halo Paranormal Investigations

I received an email from Karen Jean Caruso-Walker. Karen is a world traveler and had been on a cruise to the Caribbean, visiting many islands. She has also been to the Middle East and South Korea. Her fondest memory is visiting the Belogradchik Fortress in Bulgaria two years ago.

Karen was with a tour group at the fortress when she decided to wander off on her own to do some exploring. As she was looking around alone, she spotted three men on horses. One of the horses was pure white, while the other two horses were brown.

The men were dressed in a colorful type of uniform that consisted of the colors red, white, and gold. It appeared that one of the men was wearing a gold plate on his chest. All three men wore red turbans on their heads. Karen could also see that one of the men was brandishing a long sword with a very detailed handle.

She watched the men as they prodded along on horseback. One of the men seemed to look at Karen and then faced the direction he was going. But as she watched the men, they just faded away. It was then that Karen realized what she had seen were ghosts.

Karen rejoined her tour group and learned that at some point of time in history, the Ottoman Empire conquered Bulgaria. What she may have seen that day were Ottoman soldiers on horseback. Karen decided not to mention what she had seen to her tour group, because it seemed too incredible of a story. But she wanted to relay the story to someone.

I thanked Karen on her correspondence and this is what I found on the Belogradchik Fortress.

The History of Belogradchik Fortress

The fortress was built during the time Bulgaria was part of the Roman Empire. The builders determined that

the natural rock formations would serve as added protection. The rocks were 230 feet high, and the builders only needed to place fortified walls on the northwest and southeast sides.

The fortress was used mainly for surveillance. But it was also used as defense if necessary.

In the 14th century, Bulgarian tsar Ivan Stratsimir extended the fortress. He set up a goal to build fortified garrisons in front of the existing rock formations.



A world traveler spots ghostly Ottoman soldiers on horseback during a tour of the Belogradchik Fortress in Bulgaria.

During Stratsimir's rule, the fortress became one of the best strongholds in the region. It was the second best stronghold, the first being the capital fortress of Vidin, Baba Vida.

Belogradchik Fortress was captured by the Ottomans in 1396. It was last used in warfare during the Serbo-Bulgarian War of 1885.



Belogradchik Fortress was used mainly for surveillance.

Other Places in Bulgaria That Are Haunted

Paramun Village

This village is 70 kilometers west of the Bulgarian capital of Sofia. The village is practically abandoned. You see old houses with cracked walls, peeling paint, and shattered windows. The population is less than 50 people.

Villagers claim that they see their dead relatives and friends roaming around the village during twilight hours.

Eastern Orthodox Rila Monastery

This monastery was founded in the 10th century. Ghostly monks have been seen roaming the grounds.

Old Nessebar

Open shops, cobblestone roads ... the old town walls and monuments from the Roman and Byzantine era can

still be seen. Old Nessebar has been around for 9,000 years. An old hunchback lady carrying a basket of flowers is seen walking along the cobblestone road. When one of her flowers falls to the ground, she goes to pick it up and then vanishes. She has the nickname Old Nessebar Hag.

Tsarevets Fortress

This was the home of medieval tsars. Some tourists say that they can sometimes hear a wailing noise that sounds human. Other tourists have claimed they heard a disembodied woman screaming.

Thracian Tomb of Sveshtari

This tomb has been around since the 3rd Century BC. It is rumored that it was built for a royal couple from the Thracian Tribe of the Getae. A few tourists have said that they were touched or that their hair was stroked by an unseen entity or entities.

Alexander Nevsky Cathedral

This cathedral was built around 1882 to 1912 to honor the 200,000 Russian soldiers that died defending Bulgaria during the Russo-Turkish War. The Russian soldiers were fighting for Bulgaria's freedom.

A tourist named Nikolay Georgiev claims that while visiting this Cathedral he came upon a huge blinding light in the shape of an angel. The angel he saw was 15 feet tall and had what appeared to be wings. The angel appeared to him for about three minutes and then quickly flew into the sky. The angel went from a human shape into a beam of light. ♦

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UFOS, EARTHQUAKES & HAPPENINGS IN THE SOLAR SYSTEM

By Ahmad Jamaludin



Over the years many researchers across the continents have observed that UFOs tend to appear before, during, or after earthquakes. However, no scientific connection could be made to tie them together.

In Malaysia, where UFO appearances are quite rare, it was observed that every time there was a seismic event on the nearby island of Sumatra, Indonesia, UFOs would usually appear in Malaysia shortly before or after the quake.

This observation, therefore, provided us an indicator to expect UFOs to appear over Malaysia following an earthquake in Sumatra. These observations, however, were not enough to provide seismologists the necessary tools to make any meaningful earthquake predictions based on UFO appearances alone.

If the UFO phenomenon is real, there must be a

comprehensive and holistic picture to the whole situation. The observation that UFOs could be related to earthquakes is only one of them. There should be other observable events happening in the Solar System as well.

In this light, we see the presence of sunspots that wax and wane over time. This time factor is important because if the UFO phenomenon has a natural origin or stimulus, it would show the same trend.

And this trend is, in fact, discernible for UFO waves, large earthquakes, geomagnetic reversals, and sunspot activities. They all seemed to conform to the 9 to 14 years periodicity.

Sunspots have a cycle of 11 years. The number of sunspot counts goes up and down over time. It is usually between 9 to 14 years for the sunspot maxima and minima. During this same period, the sun suffers a geo-

magnetic field reversal every 11 years. Interestingly, every two cycles or 22 years, the sun's magnetic poles return to their original polarity.

Now let's take a look at major UFO waves, which move around the Earth in a mean 10-year cycle. Its actual cycle is between 9 to 14 years. This period is similar to the one observed for sunspots. This is certainly not a coincidence, but the possible interaction of a major underlying factor.

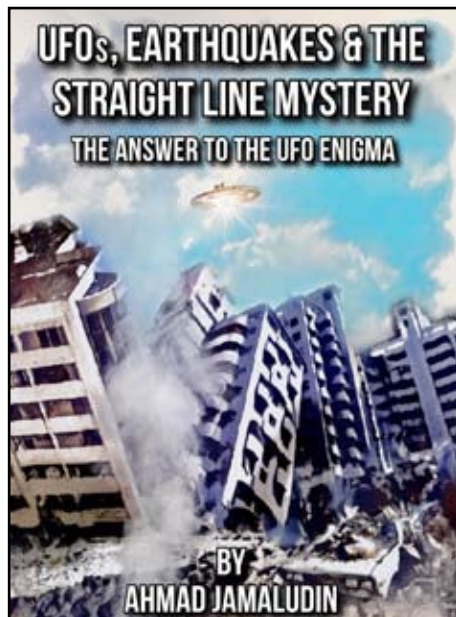
A study of the yearly latitudinal changes of major UFO waves and large earthquakes showed that for about 10 years covering the period from 1945 to 1955, large earthquakes and major UFO waves were not in sync. This means that both events occurred at different latitudes at different times. But for the period 1956 to 1966, both events seem to follow the same trend of moving up and down the latitudes over time.

During the next period of 1967 to 1977, UFO waves and large

earthquakes followed different routes. In other words they were not in synchronicity. But the 10-year period after, from 1978 to 1988, showed that both events were again synchronized.

During this 43-year period, we saw that UFO waves and large earthquakes were synchronized every 21.5 years. This is about the same time frame that the sun's magnetic field was also synchronized! This is the best observation that not only ties UFOs with earthquakes, but also points to the possible presence of a third body (beside the Earth and sun) that could be contributing to these effects.

To understand the "third body in the Solar System," which evidence suggests triggers earthquakes, sunspots, geomagnetic reversal, and UFOs, I invite you to read my book, *UFOs, Earthquakes and the Straight Line Mystery: The Answer to the UFO Enigma*. ♦



This book presents evidence that the UFO phenomena is directly linked to earthquakes, as well as to the geophysical events seen in the sun, such as sunspots and its periodic geomagnetic reversal.



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FAMOUS GHOSTS OF SCOTLAND

By Emma Dunlop-Walters, All Things Paranormal

Scotland is a beautiful country full of history ... a perfect destination for a paranormal investigator. Ghost stories fill every part of this spectacular place, from the revered Greyfriars Kirkyard in Edinburgh to tales of a Headless Horseman.

Greyfriars Kirkyard

The Greyfriars Kirkyard is the final resting place of the famous Greyfriars Bobby, a faithful Skye Terrier who slept at his owner's grave for 14 years before he passed away.

Just a short walk from the statue of Bobby is the entrance to Greyfriars, possibly one of the most haunted cemeteries in Scotland. Over the years, visitors have reported being attacked, scratched, or bruised without explanation. These occurrences have been linked to George Mackenzie, a merciless lawyer who imprisoned 1,200 Covenanters in a field next to Greyfriars because they refused to conform to the church.

His punishments were extremely cruel. The prisoners were kept in boxes without a roof, so they were exposed to the elements. They were only given a small piece of bread to eat each day. Most died of malnutrition.

When Mackenzie died, he was buried in a mausoleum in the cemetery, a stone's throw away from where his victims suffered and died. His spirit is blamed for the violent attacks on visitors to the cemetery, which seemed to start in 1999 after a homeless man sought shelter in Mackenzie's grave. Did this incident unleash "Bloody Mackenzie" from his prison?

Visit this cemetery if you are brave enough.

The Headless Horseman

The legend of the Headless Horseman started after Ewen MacLaine was beheaded in a duel with his fam-



The truth behind the legend of the Headless Horseman involves a duel and beheading.

ily over who would inherit the family fortunes and the House of Dun.

The legend says that the day before the battle, Ewen came across a fairy disguised as a washerwoman. She told him that if he was offered butter at the breakfast table without asking for it then he would be triumphant. The day of the battle came, but Ewen wasn't offered butter at the table.



The spirit of “The Green Lady” is said to haunt Crathes Castle. Some say she’s watching over the remains of her lost child.

During the battle, Ewen was beheaded and his terrified horse bolted with Ewen’s body still attached to him.

The headless horseman is said to haunt Glen More from dusk to dawn, and it is said that if any member of the Maclaine clan sees his ghost, then an imminent death is not far behind.

Crathes Castle

Beautiful Crathes Castle is said to be haunted by the spirit of The Green Lady, named so because she is usually spotted wearing a green dress near a fireplace holding a baby in her arms.

In the 1800s, the castle was renovated. When the construction workers removed the hearthstone, they found the bones of a child. It is presumed that the child was murdered and buried there. Could The Green lady be watching over the remains of her child?

Though no one knows who The Green Lady was in life, lots of people have reported seeing her, including Queen Victoria herself.

These are just three Scottish ghost stories. With all its historical castles and mansions, not to mention bloody battles, Scotland is the perfect destination for anyone who loves the paranormal or a spooky ghost story. ♦

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My Dream-Walking Experience — A Dream in a Dream

By Anonymous



Dreams seem to have no clear beginning ... you are just there in that particular place. This is similar to an odd and creepy dream of mine that contains a strange coherence of random objects, persons, and animals. Yet, strangely enough, everything was connected and wrapped into one single story.

I'd like to share with you what I believe was a "dream-walking" experience that I had.

* * * * *

I was wandering around in a place unknown to me, but somehow I recognized it as being the terrain of what lies behind a small company. The area was reminiscent of a stage, where trucks and vans can deliver their cargo to the company. I was humming a song while walking up and down (in a way of dancing) on top of two grayish-

blue large waste containers that were made of PVC plastic.

The lids were of such a size that made them softer in the middle, and with every step that I took on the lids, I could see that the lid was slightly dented. I was wearing old, worn white sneakers without any laces. To the right of me, there was a fence with a gauze frame; leaves with an autumn tint were blown against the fence.

I felt extremely happy while dancing up and down on the two waste containers; it almost felt as if I was dancing on air.

Feeling extremely comfortable, I took a couple of steps away from the containers and jumped off.

Still feeling happy and humming this song, which I, unfortunately, cannot recall, I landed on a small road that looked more like a bicycle and footpath, with coarse asphalt. I could see its structure very clearly ... as if I was



looking at the space between the small rocks of the asphalt and the black-grayish colors through a magnifying glass.

The small road, containing two or three trees on the left and a dozen on the right side, went slightly down, but I still felt as if I was dancing on air while humming this song. Then, after taking several steps, I found myself in an open area, but still on the same small road ... the trees where gone, and on both sides there were meadows without a fence.

Why I did so, I don't know, but I turned around and started walking back in the direction of the containers. I was not humming nor was I dancing, and it felt as if the journey back was heavy ... it slowed me down.

Only having taken two or three steps, I saw two male lower legs on my right side. And this may sound a bit weird, but I could see the dark-colored hairs on this tall man's calves. The reason why I knew this person was tall was because his calves were at my eye level while I was standing upright. The man was wearing shorts that were a light sandy khaki color.

Within an instant, this man was behind me while sitting on a hazel brown horse.

From this moment on, I began to lucid dream; I had the ability to adjust some things, but not everything. I also knew that there was someone else present in my dream ... at least, the thoughts, wishes, or maybe the fears of another person.

Standing in front of me were two other people who I did not recognize. They presented themselves more like dark silhouettes. One was female. However, these two figures did not seem to scare me, because I had control over the events in this dream. So, I ignored them.

The man and the horse were still behind me, behaving as if they were protecting me from something. I could feel the structure of the hairs of the horse rubbing against my right cheek ... I could feel its body warmth and muscles move as I laid my right hand on its side.

I turned around, stuck my head underneath the neck of the horse and looked at what was behind it.

I saw a herd of black bulls with curled horns crossing the road from the left to the right. I intentionally transformed these bulls into grayish-white calves and let them walk free in the direction where they wanted to go. Being curious, I followed them ... the man on the hazel brown



horse followed behind me. This man, whose face was blurry, and his horse were the only things in my dream that I could not “adjust.” It felt as if this image was “controlled” by the other person in my dream.

Still following the calves, I looked down and saw this yellow, dry river sand. I looked up, and on my right hand there was a large abandoned cow stable. I estimated it as about 50 meters in length ... it looked dark, empty, and cold. It had not been used for a long time.

This stable, as well as the enormous concrete pillars of an empty bridge that was, surprisingly, in front of me that crossed the dry river and disappeared over the stable, was not added to the dream by me. Who is that man on the horse behind me?

My attention was quickly distracted by the canal in front of this huge, empty stable that contained a dirty, milky white liquid that seemed to have been there for quite some time. Then, one of the calves jumped into this filthy liquid by itself and ended up floundering around while trying to get out on the other side of the canal. But the wall was too high for this poor animal.

Strangely enough, I did not help this calf because I was stunned that it had jumped into the water. Plus, I began to feel I was “walking” someone else’s dream at that time.

The calf did not drown ... worse, the liquid drove

him insane! Completely out of its mind, it was banging its head against the wall of the canal as if it wanted to get rid of something intangible inside its head. It had no control over its own behavior anymore and kept on hitting its head against the wall until it burst open ... its eyes bulged out of the eye sockets, and the liquid that got into it via its mouth came out, with blood, through its nostrils.

I walked past the canal under the bridge and, as I turned to look behind me, I saw the cows that had drunk from the liquid going berserk like the calf, banging their heads against the concrete pillar from the bridge. While they roared loudly as if they were in a state of panic, they were scraping their own skin off trying to get rid of whatever it was they felt was crawling underneath their skin.

Observing this scary and psychotic behavior, I could see the ruptured sheets of skin hanging from their heads, revealing the white muscle tissue. Strangely enough, no blood came from the injuries.

Even their pupils were big and looked like pitch black marbles peering out of their eye sockets. Extreme fear and hopelessness was what I could read from it. They knew they were dying and could not do anything to stop it. They could not stop mutilating themselves; they kept scraping their skin off until their bones were completely visible.

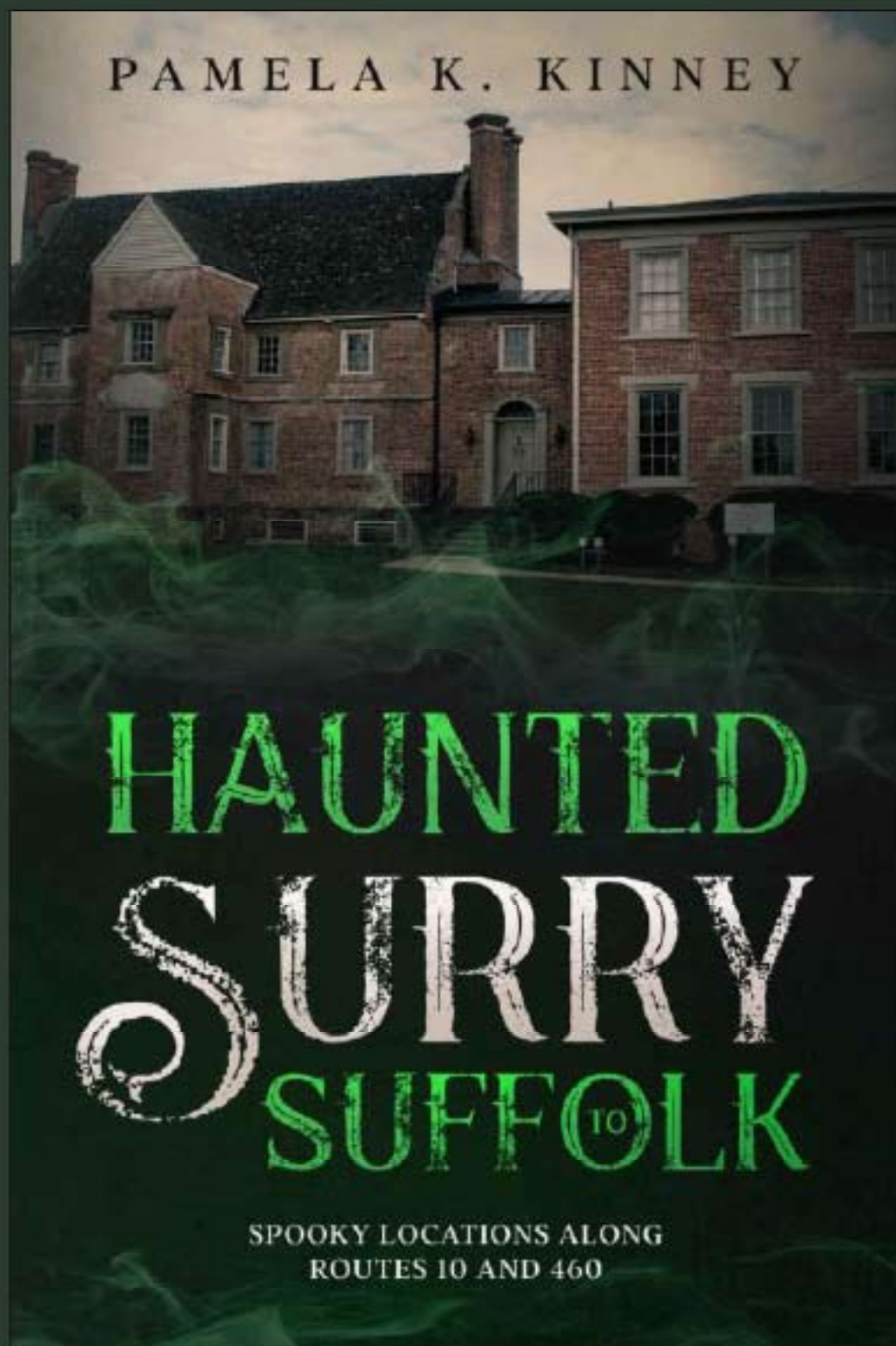
Then, suddenly, a pail white goose came running up to me, keeping his wings folded. And even though this animal did not show external madness, in its eyes I could read it was turning into one of those cows mutilating themselves. This goose suddenly started to attack me; it wanted to bite me so I would “turn” as well ... I ran! With full speed, the goose ran after me as I ran underneath the bridge and in the direction of the man on this hazel brown horse.

I heard the grinding sound of the dry river sand under my shoes as I made an emergency break, trying not to bump into the horse with high speed. I looked up into the eyes of the man ... his gaze was that of extreme severity that said, “Don’t you dare cross this line, as you are one of us!”

I tried to catch my breath, but it seemed to be impossible to take one sip of fresh oxygen. Everything went in slow motion. I turned around and saw this huge orange beak of the goose coming at me ... wide open and full of razor-sharp teeth. Nailed to the ground, I could do only one thing ... waiting for the severe pain of my skin being torn open by this mad goose.

Just before these razor-sharp teeth reached me, I woke up in a sweat while my heart was beating like crazy. It took me some minutes to realize that my dream was not entirely mine. Still, the question of whose dream I walked that night remains open. ♦

No matter which road you take to visit the towns and countryside along Routes 10 and 460 in Southeastern Virginia, the phantoms can't wait to SCARE you a good time.



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INVESTIGATING DELTA COLLEGE'S GHOST REPORTS

BY NICOLE BEAUCHAMP, TRI-CITY GHOST HUNTERS SOCIETY

Underneath the fluorescent lighting and students chatting away nonchalantly between classes, Delta College's Fine Arts building in University Center, Michigan, is believed to have a resident ghost. The former humanities division chair of Delta College, Gene Duckworth, is said to still roam the halls in the S-wing of the building.

In 1965, Duckworth began his profession at the school as a speech and theater professor. Three years later, Duckworth became the division chair of the department. During Duckworth's life, he was very involved in public education. He was a spokesperson for the education branch of the United Nations, served on the Board of Directors for the National Education Association, and also served as a director of the Michigan Educational Association in 1967.

On February 9, 1990, Duckworth died tragically due to a heart attack while driving. Shortly after Duckworth's death, the ghost stories surrounding Delta College began.

Ghostly Encounters

Many people have reported stories of phantom whistles in the hallways and a man wandering about wearing a bright yellow suit, also known as the "banana suit." During his life, Duckworth was known for both of these things. His bright suits and bow ties were thought of as his trademark.

Gloria Gillard, an administrative office professional for the humanities division remembers Duckworth as a happy man.

"He used to walk down the hall singing or whistling. He used to throw candy at me," she said.

Gillard also recalls how very important Delta Col-

lege was in Duckworth's life. She reported that he "was very much a proponent of education" and that he was a "strong supporter of the arts."

Gillard believes she encountered Duckworth's ghost on the first floor. Her exact recollection is as follows: "I was leaving on the first floor one day when I heard his whistling. I turned around to look and saw him getting on



Tri-City Ghost Hunters Society investigates ghostly sightings of a former Delta College professor and Humanities Division chair.

the elevator. It could have been a lookalike, but when I turned back to look again, he was gone. What really got me was that he was wearing a bright yellow suit with a bright yellow bow tie."

Paranormal Investigation

My paranormal investigative team, Tri-City Ghost Hunters Society (TCGHS), was the first team invited to investigate Delta College (whose mascot was the "pioneer")



Nicole Beauchamp, founder of Tri-City Ghost Hunters Society, investigates Delta College's S-wing.

in an attempt to confirm if the ghost stories were true. On October 9, 2009, we conducted our investigation.

Our findings confirmed that Delta College does have paranormal activity, but we don't believe that any of the spirits we communicated with were Gene Duckworth. In the basement of the Fine Arts building, our tech manager, Harold Beauchamp, captured an EVP of what sounds like a young girl crying, followed up by a faint "help me."

At the time Harold captured the EVP, everyone else's location was noted. After Harold captured the disembodied voice on his recorder, TCGHS former nurse, Andrea Howden, noticed a spike in the temperature. The thermometer spiked to 324 degrees when it was at a constant 74 degrees all night. Oddly enough, brand new batteries were put into the thermometer prior to the investigation.

On the third floor of Delta College in a compact office, another investigator noticed that when specific questions were asked during an EVP session, the temperature would not only drop six degrees, but the printer would turn off and on.

My personal evidence was captured outside the choir room where I had captured two EVPs of a young man who said, "Hey" and "Call me." All of our findings from the investigation can be found on youtube.com/user/TCGHS.

Is Duckworth still roaming the halls or are there spectral pupils that still have pioneer pride? I think both options are a possibility.

Delta College doesn't look haunted nor does one get unnerving feelings when inside the building. I briefly attended school there, and the vibe of Delta College is like any other community college in the United States — it's packed with smiling faces and sunlight that penetrates through the windows. ♦

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OUR GREATEST GOOD: THE GEORGE COLLECTIVE SPEAKS

By Karen Frazier, AuthorKarenFrazier.com

Our Greatest Good is a project I recently created to share information I channel from a group I call The George Collective. I have been channeling The George Collective, who I call The Georges, since I was a child.

They first appeared to me as an “imaginary friend” who helped me to write simple poetry, stories, and essays when I was a young girl. Since then, they have helped me to write many books about energy healing and metaphysics, assisted me in my work as an intuitive energy healer, and aided in my work as a psychic medium.

During the outbreak of COVID-19 that began in late 2019 and early 2020, I began channeling The Georges daily. They tasked me with sharing their messages identifying the opportunities for humanity presented by the COVID-19 virus (what they call “The COVID-19 Opportunity for Humanity”) with as many people as I could. They also suggested I reach out to others receiving wisdom about the COVID-19 opportunity and compile all of the messages in a single source in order to serve the greatest good of humanity.

Now, The Georges invite you to share your messages you receive as well. Your wisdom and insight is welcome and much needed. Have something to share? Please fill out the contact form here: ourgreatestgood.com/get-in-touch.html.

When you go to ourgreatestgood.com, you may notice that the images on the Website all show butterflies. This is because The George Collective have identified this current stage in which humanity finds itself as caterpillars who have entered their cocoons. The George Collective specifically chose butterflies as images to support their messages



because their desire is for human beings to burst forth from their cocoons in a new form as glorious butterflies that reflect the Light of their true heritage as Divine Beings.

I recently recorded an episode of my podcast with Cheryl Knight, called *Intention Is Everything*. It was a special podcast during which I channeled The George Collective and answered questions to a group of attendees during a Zoom video call. It was the first time that I had done spoken channel work;

all channeling in the past has been through my writing. I invite you to listen to the audio version of the podcast by [clicking here](#), and feel free to provide any feedback you have in the comments section.

A Message From The George Collective. Who Is The George Collective?

Greetings. We are The George Collective. We send you love from the Realm of the Divine, where all of our kind love and support humanity.

We are the Ancient Ones. You may not remember this, but you are one of us. You came from the same place where we now reside, and someday you will return to us.

We love you so much, and we are so proud of you. Each of you has embarked on a remarkable adventure you call embodiment on the planet Earth, the place we in this Realm call Gaia. Your planet is a living, breathing, energetic entity that signed up millions of years ago to serve as the host for a glorious experiment in conscious creation.

You see, before Gaia so joyfully agreed to host the influx of Divine entities called humanity, each of you dwelled harmoniously in our Realm, which is where another part of each of you remains outside of your current

**HAVE YOU EVER WANTED TO SLEEP WHERE THINGS GO BUMP IN THE NIGHT?
HAVE YOU EVER WANTED TO DINE WITH GHOSTS AND GHOULS?
HAVE YOU EVER WANTED TO WALK IN THE SHADOWS OF VAMPIRES, GHOSTS
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awareness of what you call time and space. Many of you — in fact most of you — have returned to Gaia and human form again and again over millions of years.

We hear your thoughts and we know what you are thinking. But wait — humanity is not millions of years old. In truth, this is the third wave of humanity inhabiting Gaia. Your recent years of human inhabitation of your planet is but a millisecond in the timeline of your specie's planetary experiences, and the entire timeline of humanity is only a small fraction of the billions of years Gaia has existed. And Gaia's existence is but a small fraction of the entire timeline of the existence of the Realm of the Divine and what you refer to as Source or God.

Each wave of humanity incarnating on Gaia has come to serve a purpose. You have embarked on this journey into time and space in order to serve all in our Realm. You agreed to enter into a place of relativity, of time and space, of dark and light, and of duality in order to serve the greatest universal good by allowing us all to collect every experience so we could better know ourselves. Humans are experience collectors, and Gaia provides opportunities for every incarnated soul to gather every possible experience through lifetimes of returning to a human body.

And because of you, we know ourselves in a way we wouldn't have if you hadn't agreed to populate humanity. We in Source Energy know ourselves better through you and the brave journeys upon which you in the Great Humanity Experiment have embarked time and time again over the course of millions of years.

Gaia isn't the only place where souls go to experience themselves, but it is one of the most challenging. This is primarily due to the extreme lowering of your natural vibration you must accomplish in order to create the physical form in which you currently exist. You are naturally high vibrational energy that is unconstrained by the constructs of density, space, time, form, and duality that you all currently dwell within.

We have walked beside you throughout the millions of years of the Great Humanity Experiment. We have stood in awe of your creations, your resiliency, and your desire to hold onto the light even when you are experiencing great darkness. We have stood in wonder as you have sought to return to awareness in spite of agreeing to become human and forget, at least for a time, who you really are.

Over the millions of years of the Great Humanity Experiment, we in the Realm of the Divine have communicated with you as much as you were and are willing to listen. While we cannot and will not interfere in your choices and experiences, we do try to guide you by identifying opportunities that exist, both as individuals and as a collective of human beings.

We have provided that guidance for millions of years in many guises under many names. We have spoken to you through the words of sages, in the texts of prophets, in the work of your artists, on the voices of your holy men and gurus, and through channeled words, texts, and works from millions of souls willing to listen. We come to you in dreams, inspirations, flashes of insight, and emotions. We speak to all who will listen in hopes that you notice our guidance and recognize the many opportunities you have had and continue to have throughout your entire history to grow, expand, enlighten, and experience.

That is who we are, and this is who you are. You are us, and we are you. We invite you to quiet yourselves and listen to the wisdom that is available to each of you. We invite you to recognize the opportunities as individuals and as a species that arises from the challenges you face. And when you hear and recognize our guidance, we invite you to share it with all who will listen.

You are the bringers of the Light. Your work is important, and we salute your courage and cleverness. Please know that you are deeply and unconditionally loved. ♦



DIMENSIONS: MYSTERIOUS TRIANGLES OF THE US

by Cheryl Lynn Carter

The Earth's surface is endowed with mysterious triangular patterns that whisper of mystical energy and vibrations. The ancients considered them doorways that would enable one to traverse time and move through dimensions.

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What to Do When Crystals Break

By Dr. Athena Perrakis, Sage Goddess



Crystals break for various reasons. Sometimes we're complete with the lessons those gems bring. Other times, they're complete with the work they're meant to do with us. And other times, they've absorbed the toxicity around us and can no longer hold it.

Whatever the reason, know that your gemstone is a trustworthy ally and companion on your journey to healing, manifestation, growth, and ascension. I wrote this article because I've received many questions about why gemstones spontaneously break and what you can do if it happens to you.

Why Do Crystals Break?

Breaks don't always occur from being dropped or knocked over. I've heard stories of crystals spontaneously falling apart during meditation, ritual, or energy healing

work. There are many reasons a crystal might break, and it may have nothing to do with you.

5 Reasons a Crystal Might Break

1) Negativity and toxicity in the environment. Gemstones work to bring alignment and balance to our lives. They absorb the negativity and toxicity around us, and sometimes it's too much to hold, causing a break.

2) Crystal healing. If your crystal breaks or shatters while doing energy work, it's best to discontinue working with it for healing. It's served its purpose and has absorbed all the energy it can.

3) Unaligned crystal frequency. Gemstones carry their own unique vibration. There are times when our frequency simply doesn't resonate with a crystal's particular energy.



There are many reasons why gemstones break, from negativity and toxicity in the environment to unaligned crystal frequency.

Remember that when working with gemstones, it is important to be clear about your intentions, commit to the hard work, and realize that your gemstone is an ally in that work.

There are no mistakes, and you're simply being guided to a more aligned stone.

4) Your lesson is complete. Often we work with crystals on specific intentions to guide us through the seasons of our life. When we alchemize the lessons we're meant to learn, it can be a sign that we've integrated them and it's time to release with gratitude and move on.

5) Your crystal is overworked. We all have a crystal we enjoy working with most, and it's possible to overcharge or overwork your gemstone. It's important to give your crystal a break just as you would your muscles after a rigorous workout. Are you giving your stone too much power?

Are you relying on it to do the work for you? Is the intention you set for your crystal in alignment with your highest good?

What Do You Do if Your Crystal Breaks?

When a crystal in our collection breaks, we may feel sad or upset, and that's perfectly normal. After all, it's been a part of our journey.

Here are some things you can do:

- Take some time to sit with your crystal and acknowledge and appreciate all that it's done with and for you.
- Bury the fragments in your favorite flower bed.
- If you don't want to part with your favorite crystal, smudge it with white sage or place it outside in the light of day to recharge it.
- If you got a clean break, perhaps it's a sign that you're meant to share it with a friend or loved one who could also benefit from that stone's vibrations.

• Add the broken pieces to a crafting set, which you can use to decorate a wand, or even in a crystal grid.

Whatever you choose to do with your broken crystal,

it can still bring you the same joy it did when it was whole. Stones, like humans, can become "tired" if you work with them too much. Pay attention to yours, clean them, and recharge them as necessary.

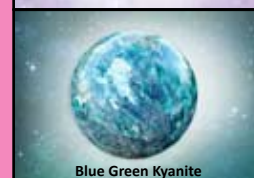
When you cherish your relationship with your crystal and acknowledge the work you both do together, nothing's broken. ♦

Top Crystals for Healing

- 1) Amethyst
- 2) Smoky Quartz
- 3) Chlorite
- 4) Bloodstone
- 5) Sugilite
- 6) Blue Green Kyanite
- 7) Chrysoprase
- 8) Rhodochrosite
- 9) Prehnite
- 10) Malachite
- 11) Green Apophyllite
- 12) Lepidolite



Sugilite



Blue Green Kyanite



Prehnite



Lepidolite

Stay tuned to next month's issue for more on the top crystals for healing.

My Journey With Spiritual Connections

By Willie Windwalker Gibson

When I was 10 years old, I began my spiritual journeys. It was at that time when I first began hearing knocking on the walls, tables, and the floor. My dad never said anything when he heard it; it was like it was nothing to be worried about.

My dad was a brave man. He was a soldier in World War II and was awarded many medals, including the bronze star, so when my dad said not to worry about it, I trusted him. But then I started hearing voices, even when I was alone.

I didn't know what to do, so I told my dad. He told me not to worry about it; I was safe. So I didn't worry about it because I trusted my dad.

Then the voices would get louder, and they would even have conversations with me. The voices would say not to be afraid; that I was protected by them. They were friends; some were even relatives. So I thought it was a natural thing; that talking to people that were "not there" was OK.

Then, when I was around 11 years old, I had an encounter with a UFO. That encounter enhanced my spiritual abilities to where I was able to finally see who was talking to me. I could see spirits and even colors. I

could feel energy around me too; it felt like static electricity.

I told my father that I was starting to see spirits. My father told me not to tell anyone else what I could do. My dad said that if other people knew, they would be afraid of me.

So I promised my dad I would say nothing to anyone else about my abilities. And I promised him that I would come to him if I saw anything.

After I told my dad that I could see and hear spirits, he began to tell me about death and that we are all spirits in a physical body. He would take me to funeral homes just to see death.

He would have me walk up to the casket and just look at the body. Sometimes he would have me touch them.

I didn't like the coldness and the emptiness I felt. I would sometimes see the dead person standing in the room near their family members. I would tell dad I saw them, and he would say, "It's OK son. They will move on when it's time."

I didn't know that my dad was able to see things too, until he told me that at the funeral home that day. Years passed, and I kept my gift a





secret to others, even my own siblings. I often wondered if they could see the dead too.

I went on to become a peace officer, and one night when I was on patrol in a Native American burial site, I met an Indian spirit, named Singing Fox, who told me I was to become a shaman. At first, I blew it off. The spirit, however, was determined that I would become a shaman, and after a few more encounters with him, I finally gave in.

I decided to quit the force and went into the private sector, becoming a private detective. I used my spiritual gifts to work cases, all the while training with a shaman, who taught me the ropes.

In 1988, I met my wife, Schmon, who was also gifted,

and together we worked supernatural cases. I also became a spiritual adviser and teacher for those who sought me out for knowledge, people who were gifted but didn't know how to use their abilities for the greater good.

I even taught kids who were "awakening," but I only taught those who really were sincere. I didn't teach people who just wanted to have fun and mock the spiritual realms. I only taught the truly gifted and the seekers of the truth. I only taught those who wanted to truly and safely connect to spirit.

I was always so honored and happy to see those who I taught go on to be master teachers and to see them follow the teachings I taught them. And they are now out there doing cases and helping people ... for the greater good. ♦

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